

BROOKLYN CENTER RECREATION • 763-569-3400

2025 - 2026 WOMEN'S VOLLEYBALL RULES

The Rules of the current M.R.P.A. Guide and Rule Book will apply,
along with the following:

PLEASE DO NOT BRING CHILDREN TO THE SCHOOL UNLESS ABSOLUTELY NECESSARY

1. The server may serve anywhere along the service line. The server must hit on first toss. It is legal for a served ball to touch the net.
2. Each match will have 3 games; all will be played and counted for in the standings.
3. Games will be played to 25 points using rally scoring, 2 point lead to win. 27 pt. cap rule is in effect. Teams are allowed 5 minutes of warm-up from start time. After the warm-up, the match will be timed to 53 minutes. If, after 45 minutes of play and the second game is still in progress, the team ahead by two wins the second game. Keep playing if a tie is being broken. You will then have the remaining time to play the third game. The team ahead by two at the end of time is the winner of the third game. If there is 5 minutes or less left to play the third game, rally score to until time expires. Team ahead by 2 wins.
4. **A team will have 5 minutes after practice time to start play if less than 5 players. This is a grace period, not practice time. Teams will be penalized 1 point per minute during the grace period. If not enough players after the 5 minutes, the first game is forfeited. A team will then have 15 extra minutes to start second game. Not enough players by then: all games forfeited.**
5. Team Subs – Teams must make every effort to use rostered players. However, if a team is short players, team may pick up one player only during league play. The player must be from the same division or below. (Exception: Platinum 2 division may use a sub from Platinum 1.) For the WINTER league tournament, teams cannot use non-rostered players. Players can only be rostered on one team. If both teams have 5 players, a team will not be allowed to use a non-rostered sub, unless both teams have a sub. In case of an injury only, a team may finish a match with four players.
6. Substitution can be per rulebook or "**FREE**". The preferred position for free substitution is at the **left front**.
7. If a team knows they will not show up at all, they **must** notify the Parks & Recreation Department **and the opposing team captain**.
8. Ceilings on all courts are in play. If a ball hits an obstruction or ceiling on the side of the net of the team playing the ball, the ball may be played again except on the third hit, fault and dead ball. If the ball hits an obstruction or ceiling and carries over the net, it is a fault and dead ball.
9. Two time outs per game - 30 seconds per time out. No time out may be taken the last 2 minutes of a match unless needed for injury.
10. Good sportsmanship is required at all times.

11. All divisions may serve overhand.
12. Standings will be tabulated by number of games won, not number of matches.
13. Touching the opponents playing area with a foot or hand is not a foul if part of the foot or hand is on or above the centerline at time of touching.
14. League is for post high school age people. High school age will not be permitted to play.
15. Equipment and articles worn must not be hazardous to participants. (No jewelry.)
16. On a serve, the server must clearly release the ball before contact. The server is allowed 8 seconds to initiate serve release after whistle. The referee will sound his/her whistle when the serving team is ready. The receiving team must get themselves ready. (No stalling)
17. Teams must rotate every time before serving.
18. Any player ejected from a game will be suspended from the next two matches.

In case of inclement weather, call the weather line after 4:30 p.m. – 763-569-3442

Any questions, contact Charlie Grey

Telephone: 763-569-3417

Recreation Office: 763-569-3400

Email: cgrey@brooklyncentermn.gov

NOTICE: The recreation department **does not** provide accident insurance for participants in any of its programs. Participants assume all inherent risk of injury from their involvement in programs or activities.

GERENAL: Participants may register for the activity which aligns with their gender identity. If a participant does not identify as male or female, they may register for the activity of their choice.