

## BROOKLYN CENTER RECREATION MEN'S VOLLEYBALL RULES 2025 - 2026

The rules of the current M.R.P.A. Volleyball Rule Book will apply with the following exceptions:

### **PLEASE DO NOT BRING CHILDREN TO THE SCHOOL UNLESS ABSOLUTELY NECESSARY**

1. Each match will have 4 games; all will be played and counted for in the standings.
2. Games will be played to 25 points using rally scoring, 2 point lead to win. 27 pt. cap rule is in effect. Teams are allowed 5 minutes of warm-up from start time. After the warm-up, the match will be timed to 70 minutes. **If the third game is not complete after 58 minutes, the team ahead by two points wins the third game. The fourth game will then be timed to 12 minutes.**
3. **A team will have 5 minutes after practice time to start play if less than 5 players. This is a grace period, not practice time. Teams will be penalized 1 point per minute during the grace period. A team will then have 15 extra minutes to start second game. Not enough players by then: all games forfeited. In case of an injury, a team may finish a match with 4 players.**
4. Teams may start or continue play with 5 players.
5. Substitution can be per rulebook or "FREE". If free substitution is used, it must be consistent throughout the game. The preferred position for free substitution is at the left front.
6. On a serve, the server must clearly release the ball before contact. The server is allowed 8 seconds to initiate service release.
7. Any player ejected from a game will be suspended from the next two matches.
8. 2 time outs per game. 30 seconds per time out. No time outs the last 2 minutes of a match unless for an injury.
9. Ceilings on all courts are in play. If a ball hits an obstruction or ceiling on the side of the net of the team playing the ball, the ball may be played again except on the third hit, fault and dead ball. If the ball hits an obstruction or ceiling and carries over the net, it is a fault and dead ball.
10. Teams must rotate every time before serving.
11. Touching the opponents playing area with a foot or hand is not a foul if part of the hand or foot is on or above the centerline at time of touching.

**In case of inclement weather, we will send out a communication via email BEFORE 4:30 PM if games are canceled. If you do not receive anything, games are still on as scheduled. If you cannot make it due to weather or any other unforeseen circumstances, PLEASE contact the captain of the other team to make them aware.**

Any questions, contact Drake Pham  
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**NOTICE:** The recreation department **does not** provide accident insurance for participants in any of its programs. Participants assume all inherent risk of injury from their involvement in programs or activities.

**GENERAL:** Participants may register for the activity which aligns with their gender identity. If a participant does not identify as male or female, they may register for the activity of their choice.